# State Plan For Independent Living (SPIL)

Rehabilitation Act of 1973, as Amended, Chapter 1, Title VII

Part B - INDEPENDENT LIVING SERVICES

Part C - Centers for Independent Living

State: Missouri

**FISCAL YEARS: 2025-2027** 

Effective Date: 10/01/2024

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless such collection displays a valid OMB control number (ON 0985-0044). Public reporting burden for this collection of information is estimated to average 240 hours per response, including time for gathering and maintaining the data needed and completing and reviewing the collection of information. The obligation to respond to this collection is required to receive financial assistance (Title VII of the Rehabilitation Act of 1973, as amended.

#### **EXECUTIVE SUMMARY**

#### **Executive Summary**

This executive summary outlines a comprehensive State Plan for Independent Living (SPIL) aimed at enhancing the quality of life for individuals with disabilities in Missouri. Recognizing the diverse needs of this population, our plan focuses on six key areas: emergency preparedness, housing, transportation, youth services, peer support groups, and SILC capacity. By addressing these critical items, we aim to empower individuals with disabilities to lead fulfilling, independent lives while fostering a more inclusive and accessible society. The geographic scope of these goals are statewide. Emergency Preparedness: In the face of natural disasters, public health emergencies, and other crises, individuals with disabilities are disproportionately vulnerable. Our SPIL prioritizes proactive measures to ensure the safety and well-being of people with disabilities during emergencies. The SPIL also aims to connect CILs and people with disabilities with local and state disaster recovery agencies and promoting consideration of people with disabilities when planning for disasters is conducted.

<u>Housing</u>: Access to affordable, accessible housing remains a significant challenge for individuals with disabilities. Our SPIL advocates for the expansion of housing options that meet the diverse needs of this population, including accessible, affordable design features. This involves collaborating with housing agencies, developers, and advocacy groups to increase the availability of integrated and community-based housing solutions. Additionally, we seek to implement policies that combat housing discrimination and promote inclusive housing practices statewide.

<u>Transportation</u>: Reliable transportation is essential for individuals with disabilities to access employment, education, healthcare, and social opportunities. Our SPIL emphasizes the development of an accessible and inclusive transportation infrastructure that removes barriers to mobility. This includes promoting innovative transportation solutions such as ride-sharing programs and accessible transportation services. By improving transportation accessibility, we aim to enhance the

independence and integration of individuals with disabilities within their communities.

<u>Youth Services</u>: Transitioning from youth to adulthood can be particularly challenging for individuals with disabilities as they navigate educational, vocational, and social transitions. Our SPIL advocates for youth services that support the transition to adulthood and promote self-determination. This includes expanding access to transition planning services, vocational training programs, and mentorship opportunities. By promoting youth services, we aim to equip young individuals with disabilities with the skills, resources, and support networks necessary for successful independent living.

<u>Peer Support Groups</u>: Peer support plays a crucial role in fostering a sense of community, empowerment, and resilience among individuals with disabilities. Our SPIL prioritizes the establishment and enhancement of peer support groups across the state. This involves facilitating the development and sustainability of peer-led support networks. Additionally, we aim to promote collaboration between peer support groups, service providers, and advocacy organizations to amplify the voices and experiences of individuals with disabilities.

SILC capacity: In focusing on SILC capacity building, both in membership and in a financial way, MO SILC will be able to assist centers for independent living to connect with the broader disability community in Missouri to work on common goals of independent living, inclusion, and equity. In conclusion, our State Plan for Independent Living (SPIL) outlines a comprehensive framework for promoting independence, inclusion, and empowerment among individuals with disabilities. By focusing on emergency preparedness, housing, transportation, youth services, SILC capacity and peer support groups, we seek to address the diverse needs of this population and create a more accessible and supportive environment for all. Through collaboration, innovation, and advocacy, we are committed to advancing the rights and opportunities of individuals with disabilities across our state. The Centers for Independent Living and the Statewide Independent Living Council work hard in cooperation to meet SPIL goals. Reductions in funding can negatively impact our collective ability to achieve these successes.

Section 1 outlines the mission, goals, objectives, and activities of the SPIL in conjunction with the CILs.

Section 2 outlines the scope of services provided, outreach related to unserved and underserved populations, coordination of services and cooperation among programs and organizations to support inclusive community living by CILs and MO SILC.

Section 3 includes a detailed explanation of expansion of the network, minimum funding levels for CILs, and distribution of funds.

Section 4 represents the Designated State Entity's (DSE) response to their administrative responsibilities related to the SPIL.

Section 5 details the Statewide Independent Living Council's (SILC) establishment, autonomy, resource plan, appointment process, and staffing.

Section 6 provides legal certifications for the identified entities involved with authorities and responsibilities of the SPIL.

Section 7 identifies the DSE assurances and expresses the administrative role and responsibilities of the DSE.

Section 8 provides the SILC Assurances and Indicators of minimum compliance, detailing the functions, authorities, and requirements for operating as a SILC.

# Section 1: Mission, Goals, Objectives, and Activities

#### 1.1 - MISSION

Mission of the Independent Living Network and the SPIL

• Mission

To ensure that individuals with disabilities in Missouri live independently and participate as they choose in the community.

#### 1.2 - GOALS

Goals of the SPIL

Goal #1: Consumer will have access to peer support groups

Goal #2: Consumers will have access to information regarding youth services at their local CIL

Goal #3: MO SILC staff will identify at least two representatives to apply to join to MO SILC

Goal #4: MO SILC Housing Committee will host at least 4 meetings with CILs and Community Housing Advocates

Goal #5: MO SILC Transportation Committee will collect contact information for transportation option from each CIL

Goal #6: Identify and update state and local boards for emergency management

#### 1.3 - OBJECTIVES

Objectives for the three-year period of the plan – including geographic scope, desired outcomes, target dates, and indicators. Including compatibility with the purpose of Title VII, Chapter 1.

Goal #1: Consumer will have access to peer support groups

Objective #1.1: Consumers will have access to join peer support groups facilitated by their local CIL either in person or via virtual platforms.

#### **Measurable Indicators:**

Indicator #1.1.1: Consumers participation in peer support groups through their local CIL will increase by 10% over the life of the SPIL.

#### Other Objective info and/or Activities (optional):

Geographic Scope: Statewide

Objective #1.2: Consumers will work with CILs to establish peer support groups facilitated by their local CIL.

#### **Measurable Indicators:**

Indicator #1.2.1: CILs facilitating peer support groups will increase 5% each year.

#### Other Objective info and/or Activities (optional):

Geographic Scope: Statewide

Objective #1.3: CILs facilitating peer support groups in person or via virtual platforms will increase 5% (1) each year of the SPIL

#### **Measurable Indicators:**

Indicator #1.3.1: CILs will create peer support groups in their service area that meet in person and/or online

#### Other Objective info and/or Activities (optional):

Geographic Scope: Statewide

Goal #2: Consumers will have access to information regarding youth services at their local CIL Objective #2.1: Create and distribute a list of CILs and the youth specific services they provide to school districts and counselors in their coverage area

#### **Measurable Indicators:**

Indicator #2.1.1: The SILC Youth Committee will conduct outreach to each CIL to determine what programs are available for youth and who the contact person for youth services in each CIL.

#### Other Objective info and/or Activities (optional):

Objective Info #2.1.1: This list will be available for all CILs and provided electronically on the SILC website. Paper copies will be available at all events where information regarding CILs and MO SILC are provided.

Geographic Scope: Statewide

Goal #3: MO SILC staff will identify at least two representatives to apply to join to MO SILC Objective #3.1: MO SILC staff will identify at least two community representative(s) to apply to join MO SILC from the following underserved populations:Blind/low-visionDeaf/Hard of HearingYouth (18-27)Hispanic/LatinoLBGTQIA+Black/African AmericanRural Resident

#### **Measurable Indicators:**

Indicator #3.1.1: At least 2 completed applications will be submitted to the Governor's office for approval to join the SILC.

#### Other Objective info and/or Activities (optional):

Geographic Scope: Statewide

Objective #3.2: Increase the SILC budget by 5% unrestricted funding over the life of the SPIL

#### **Measurable Indicators:**

Indicator #3.2.1: Increase the SILC budget by 5% unrestricted funding over the life of the SPIL

# Other Objective info and/or Activities (optional): Geographic Scope:

Goal #4: MO SILC Housing Committee will host at least 4 meetings with CILs and Community Housing Advocates

Objective #4.1: Connect community non-profit organizations with housing developers and housing advocacy groups.

#### **Measurable Indicators:**

Indicator #4.1.1:

#### Other Objective info and/or Activities (optional):

Geographic Scope: Statewide

Objective #4.2: Add Housing advocates to SILC Housing Committee

#### **Measurable Indicators:**

Indicator #4.2.1: At least one member will be added per year to the MO SILC Housing Committee

## Other Objective info and/or Activities (optional): Geographic Scope:

Objective #4.3: Have SILC Housing Committee members participate with the Master Plan on Aging connecting with aging in place/universal design concepts.

#### **Measurable Indicators:**

Indicator #4.3.1: Attendance records from Master Plan on Aging Housing Subcommittee will show participation from MO SILC Housing Committee members.

# Other Objective info and/or Activities (optional): Geographic Scope:

Goal #5: MO SILC Transportation Committee will collect contact information for transportation option from each CIL

Objective #5.1: Information will be provided to CILs and consumers regarding transportation options in Missouri. Example: MO Rides

#### **Measurable Indicators:**

Indicator #5.1.1: Emails and surveys will be used to determine if information is being received by consumers.

# Other Objective info and/or Activities (optional): Geographic Scope:

Objective #5.2: Distribute contact information for MO Association of Council of Government (MACOG) to facilitate partnership regarding transportation

#### **Measurable Indicators:**

Indicator #5.2.1: By the end of the SPIL, information for CILs and consumers regarding transportation will be available at each CIL and SILC either on paper or on

#### Other Objective info and/or Activities (optional):

Geographic Scope: Statewide

Objective #5.3: Distribute transportation information for consumer and update annually

#### **Measurable Indicators:**

Indicator #5.3.1: Emails and surveys will be used to assure information is up to date

#### Other Objective info and/or Activities (optional):

Geographic Scope: Statewide

Goal #6: Identify and update state and local boards for emergency management Objective #6.1: Identify Boards and Commissions dedicated to Emergency Preparedness and share with CILs to encourage participation with local entities.

#### **Measurable Indicators:**

Indicator #6.1.1: 25% of CILs will have representation with state and/or local emergency management boards and/or Community Organizations Active in Disasters (COAD)

#### Other Objective info and/or Activities (optional):

Geographic Scope: Statewide

#### 1.4 - EVALUATION

#### **SPIL Evaluation:**

- The MOSILC SPIL Committee, which will include the following sub-committees, Transportation, Housing, Youth, Emergency Preparedness, will develop a quarterly survey to measure progress and collect data on SPIL goals 1, 2, 4, 5, and 6. This survey will be completed by the 22 Centers for Independent Living. The survey will be designed by December 31, 2024.
- MO SILC SPIL Committee will update the full SILC board on progress of goals in SPIL during each quarterly meeting.
- The MOSILC SPIL Committee will train the 22 Centers for Independent Living on SPIL data collection to complete the Quarterly SPIL Report by January 31, 2025.
- The MOSILC SPIL Committee and sub-committees will meet quarterly to review SPIL progress reports (CILs Quarterly SPIL Reports) and evaluate the data whether timelines are being met. If goals, action steps, objectives, and/or indicators are not showing progress, analyze why and determine whether adjustments need to be made to the SPIL.
- The SILC will ensure the IL Outcomes Surveys are completed by the 22 Centers for Independent Living by November 15 of each reporting year. These surveys are completed on a 20% sample of consumers. Data collected will include demographic information on CIL consumers and measure overall satisfaction and positive change in the consumers lives for each service received.
- Results of the IL Outcomes Survey will be reviewed by the MOSILC SPIL Committee by December 31 of each reporting year and shared with each Center for Independent Living. Other Evaluation Methods for Evaluating Data:
  - The SILC will create and disseminate an Annual Needs Assessment to gather data on unmet needs of persons with disabilities in Missouri. Data from these surveys will be used for future SPIL development and shared with CILs for program development.
  - The SILC will review the Statewide Program Performance Reports (704) at the end of each federal fiscal year.
  - The SILC will create an Annual Progress Report based on the federal fiscal year on the state of IL in Missouri, including an analysis and recommendations and distribute to IL Network, state legislature, Governor's office and other interested parties by December 31 of each reporting year.

#### 1.5 - PART I: FINANCIAL PLAN

Sources, uses of, and efforts to coordinate funding to be used to accomplish the SPIL Goals and Objectives. Process for grants/contracts, selection of grantees, and distribution of funds to facilitate effective operations and provision of services.

Fiscal Year(s): 2025 - 2027

October 1, 2024 to September 30, 2027

Sources		Projecte	d Funding	Amounts a	and Uses	
	SILC Resource Plan	IL Services	General CIL Operation s	Otner	Retained by DSE for Admin. Costs	TOTAL
Title VII Funds						
Chapter 1, Part B	\$73775	\$52029	\$206913	\$0	\$6000	\$338717
Chapter 1, Part C	\$0	\$0	\$1370732	\$0		\$1370732

						\$1709449
Other Federal Funds						
Sec. 101(a)(18) of the Act (Innovation and Expansion)	\$36153	\$0	\$0	\$0		\$36153
Social Security Reimbursement	\$0	\$107000	\$1060633	\$0		\$1167633
Other	\$0	\$0	\$0	\$0		\$0
						\$1203786
	Non	-Federal Fu	ınds			
Part B State Match	\$0	\$0	\$3459200	\$0	\$0	\$3459200
Other State Match for Funds in SPIL	\$0	\$0	\$0	\$0	\$0	\$0
State Funds	\$0	\$0	\$0	\$0	\$0	\$0
Other	\$0	\$0	\$0	\$0	\$0	\$0
						\$3459200
TOTAL	\$109928	\$159029	\$6097478	\$0	\$6000	\$6372435

#### 1.5.2 - PART II: FINANCIAL PLANNING NARRATIVE

Sources, uses of, and efforts to coordinate funding to be used to accomplish the SPIL Goals and Objectives. Process for grants/contracts, selection of grantees, and distribution of funds to facilitate effective operations and provision of services.

The twenty-two CILs in Missouri are funded with a combination of state and federal funds. Missouri IL receives approximately \$1,370,732 Part C funds and \$338,717 in Part B funds, \$73,775 of which is used to support the SILC each year, \$206,913 to CILs in grants, \$34,135 to RSB for IL services each year, with the remaining \$6,000 to support DSE administrative IL expenses.

Through an MOU, a portion of the Chapter 1, Part B monies, referenced above, are spent through Rehabilitation Services for the Blind (RSB) to provide independent living services for individuals who are blind and visually impaired.

Social Security Reimbursement monies totaling \$1,167,633 are dedicated by the DSE to the independent living program. An amount of \$1,060,633 is distributed to the CILs in grants, leaving the remaining \$107,000 for required DSE administrative and oversight responsibilities.

State funding of approximately \$3,459,200 will be distributed to CILs each year. This amount more than satisfies the Part B federal match requirement of 10% or \$37,635. Thirteen CILs receive state funding only, while the remaining nine are funded with both state and federal funds through Part B or Part C. This funding is used to provide independent living services to individuals with significant disabilities and to support the general operation of centers. As a 722 state, Part C funds are disbursed directly to the four CILs receiving Part C funding while the Part B and state funds are disbursed through state grants to the twenty-two CILs.

Five staff members of the MVR are assigned partial duties related to activities as defined in Chapter 1 of the Rehabilitation Act as Amended. The staff provide monitoring, guidance and training to the CILs. The SILC staff provide administrative duties for the operation of the council.

Review Status: Approved

# Section 2: Scope, Extent and Arrangements of Services

#### 2.1 - SERVICES

Services to be provided to persons with significant disabilities that promote full access to community life including geographic scope, determination of eligibility, and statewide reach.

Core Independent Living Services: Information and referral

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Core Independent Living Services: IL skills training

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Core Independent Living Services: Peer counseling

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Core Independent Living Services: Individual and systems advocacy

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Transition Services: Transition from nursing homes & other institutions

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Transition Services: Diversion from institutions

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Transition Services: Transition of youth (who were eligible for an IEP) to post-secondary life

	, <u>1</u>
Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes

Provided using other funds?	Yes
Provided By	CIL

#### Counseling services, including psychological, psychotherapeutic, and related services

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Services related to securing housing or shelter, including services related to community group living, and supportive of the purposes of this Act and of the titles of this Act, and adaptive housing services (including appropriate accommodations to and modifications of any space used to serve, or occupied by, individuals with disabilities)

Note: CILs are not allowed to own or operate housing.

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

#### Rehabilitation technology

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

#### Mobility training

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Services and training for individuals with cognitive and sensory disabilities, including life skills training, and interpreter and reader services

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Personal assistance services, including attendant care and the training of personnel providing such services

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes

Provided By CIL

Surveys, directories and other activities to identify appropriate housing, recreation opportunities, and accessible transportation and other support services

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Consumer information programs on rehabilitation and independent living services available under this Act, especially for minorities and other individuals with disabilities who have traditionally been unserved or underserved by programs under this Act

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Education and training necessary for living in the community and participating in community activities

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

#### Supported living

Note: CILs are not allowed to own or operate housing.

T 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	T.7
Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Transportation, including referral and assistance for such transportation and training in the use of public transportation vehicles and systems

<u> </u>	
Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

#### Physical rehabilitation

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

#### Therapeutic treatment

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

#### Provision of needed prostheses and other appliances and devices

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

#### Individual and group social and recreational services

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Training to develop skills specifically designed for youths who are individuals with significant disabilities to promote self-awareness and esteem, develop advocacy and self-empowerment skills, and explore career options

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

#### Services for children

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Services under other Federal, State, or local programs designed to provide resources, training, counseling, or other assistance, of substantial benefit in enhancing the independence, productivity, and quality of life of individuals with disabilities

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Appropriate preventive services to decrease the need of individuals with disabilities for similar services in the future

services in the future	
Is this service being provided?	Yes

Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

Community awareness programs to enhance the understanding and integration into society of individuals with disabilities

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

#### Such other necessary services as may be necessary and not inconsistent with the Act

Is this service being provided?	Yes
Provided using Title VII, Chapter 1 Part B funds?	Yes
Provided using other funds?	Yes
Provided By	CIL

#### 2.1 - OPTIONAL MAP ATTACHMENT

Uploaded Document Name:

#### 2.2 - OUTREACH TO UNSERVED AND UNDERSERVED POPULATIONS

Unserved populations are those that do not have access to service delivery in the State of Missouri. Underserved populations are those that have access to service delivery in the State of Missouri, however, those populations are considered disadvantaged because of ability to access services for reasons of race, religion, language group or social status.

Missouri does not consider any population as unserved as all 114 counties in the state are served by a CIL. The Missouri underserved IL populations targeted for outreach efforts include youth, Deaf and hard of hearing, veterans with disabilities, those with mental health diagnoses, cognitive, blind and low vision, and minority groups as determined by the region or community.

- How unserved and underserved are determined
- CILs, as cross-disability organizations, will maintain contact with appropriate community organizations specific to outreach to the mental health community, veterans, senior citizens, and the community of persons who are blind or visually impaired. The populations indicated above are located throughout Missouri. The twenty-two CILs in Missouri serve every county and city in Missouri where the targeted populations reside.
- Targeted populations and/or geographic areas
- All groups identified above as underserved live throughout the 114 counties and 1 independent city in Missouri. Each CIL has their own outreach plans. This section is to address statewide outreach efforts and is to be separate from, not inclusive of or replacing, the CILs outreach plans.
- Outreach activities and methods to be conducted and who will conduct each
- 1. CIL staff will establish and continue contact with local community partners that are minority focused to educate on CIL services and encourage referrals.
- 2. CIL staff will collaborate with youth and family focused organizations, e.g. the youth mentoring service provider, Special Education Cooperatives, schools, etc. to increase independent living

opportunities to young people with disabilities.

3. CILs, as cross disability organizations, will establish and continue contact with appropriate community organizations specific to outreach to the mental health community, the blind or low vision community, the Deaf and hard of hearing community, and the cognitive disability community. The following programs will continue to be provided: health fairs in underserved areas, presentations for outreach, outreach to senior citizens and nursing homes, outreach by SILC to the Veteran's Commission and issue invitations to attend SILC meetings, invitations to attend SILC meetings to State agencies for senior citizens. The SILC sponsors youth to attend the MO Youth Leadership Forum annually and participates a volunteer staff for the event. The SILC attends and participates with the Transition Training Institute sponsored by the Department of Elementary and Secondary Education for youth transitioning from high school

#### 2.3 - COORDINATION

Plans for coordination of services and cooperation between programs and organizations that support community life for persons with disabilities.

MOSILC and the CILs continue to pursue and develop partnerships and collaborations with other providers of IL or closely related services at the federal, state, county, municipal and public/private sector levels. The Missouri Department of Health and Senior Services/Division of Senior and Disability Services, and the Missouri Governor's Council on Disability representatives give quarterly updates at the MOSILC quarterly meeting. The DSE holds quarterly meetings for the IL grantees and others to help increase collaboration and sharing of information for the IL programs across the state. MOSILC meets with and provides SPIL updates to members of MOCIL (an association of Missouri Centers for Independent Living). MOSILC holds a seat on and attends the State Rehabilitation Council meetings. The MOSILC facilitates IL network meetings as needed. CILs are invited to all MOSILC quarterly meetings.

Missouri has a history of coordination between agencies to ensure awareness of community needs while avoiding duplication of services. Much of the coordination and collaboration occurs at the local level when reviewing the services required to meet the needs of individuals in that community. The Missouri IL program coordinates with the Missouri Department of Health & Senior Services, Missouri Department of Elementary & Secondary Education, universities, developmental disability agencies, public health entities, Missouri Department of Social Services, Department of Environmental Health, Department of Commerce and Insurance (DCI), state organizations and agencies handling housing, community mental health centers, transportation councils, VR programs and veteran's programs. Missouri IL programs make a concerted effort to use existing programs to gain maximum benefits of Title VII, Chapter 1 funds and to ensure no unnecessary duplication of services.

There is continuous collaboration in Missouri between the SILC, CILs, and the DSE to work together in the development of statewide trainings. The CILs will continue to capitalize on the knowledge of policy makers and officials on the needs of individuals with disabilities. The CILs will expand integration of individuals with disabilities into mainstream society through the enrichment of the IL philosophy. CILs will work to ensure that IL providers outside of the CILs have knowledge of the five core services to provide a responsive network of supports and services to meet the needs of individuals with disabilities.

Review Status: Approved

Section 3: Network of Centers

#### 3.1 - EXISTING CENTERS

Current Centers for Independent Living including: legal name, geographic area and counties served, and source(s) of funding. Oversight process, by source of funds, and oversight entity.

#### 3.1 - EXISTING CENTERS

Access II Independent Living Center

Counties Served: Caldwell, Carroll, Daviess, Grundy, Harrison, Mercer

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services

Caldwell (Full Services)
Carroll (Full Services)

Daviess (Full Services) Grundy (Full Services)

Harrison (Full Services)

Mercer (Full Services)

Bootheel Area Independent Living Services

Counties Served: Dunklin, New Madrid, Pemiscot, Stoddard

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services

Dunklin (Full Services)

New Madrid (Full Services)

Pemiscot (Full Services)

Stoddard (Full Services)

Delta Center for Independent Living

Counties Served: Lincoln, St. Charles, Warren

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services

Lincoln (Full Services)

St. Charles (Full Services)

Warren (Full Services)

Disability Resource Association

Counties Served: Jefferson

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services

Jefferson (Full Services)

Disabled Citizens Alliance for Independence

Counties Served: Crawford, Dent, Iron, Reynolds, Washington

All Sources of Funding: Title VII Chapter 1, Part C

Oversight Process: CIL submits CIL PPR to ACL/OILP and DSE

State Funds

Oversight Process: See above

Oversight Entity: DSE and ACL/OILP

SPIL Signatory: Yes County Services

Crawford (Full Services)

Dent (Full Services)

Iron (Full Services)

Reynolds (Full Services)

Washington (Full Services)

**Empower Abilities** 

Counties Served: Christian, Dallas, Greene, Lawrence, Polk, Stone, Taney, Webster

All Sources of Funding: Title VII Chapter 1, Part B

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

State Funds

Oversight Process: See above

Oversight Entity: DSE SPIL Signatory: Yes County Services

Christian (Full Services)
Dallas (Full Services)
Greene (Full Services)

Lawrence (Full Services)

Polk (Full Services)

Stone (Full Services)

Taney (Full Services)
Webster (Full Services)

Heartland Independent Living Center

Counties Served: Franklin, Gasconade, Maries

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services

Franklin (Full Services)
Gasconade (Full Services)

Maries (Full Services)

Independent Living Center of Mid-Missouri, Inc. aka Services for Independent Living

Counties Served: Audrain, Boone, Callaway, Cooper, Howard, Montgomery, Randolph

All Sources of Funding: Title VII Chapter 1, Part C

Oversight Process: CIL submits CIL PPR to ACL/OILP and DSE

State Funds

Oversight Process: See above

Oversight Entity: DSE and ACL/OILP

SPIL Signatory: Yes County Services

Audrain (Full Services) Boone (Full Services) Callaway (Full Services)

Cooper (Full Services) Howard (Full Services)

Montgomery (Full Services)

Randolph (Full Services)

Independent Living Center of Southeast Missouri Counties Served: Butler, Carter, Ripley, Wayne

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services Butler (Full Services) Carter (Full Services)

Ripley (Full Services)

Wayne (Full Services)

Independent Living Resource Center

Counties Served: Callaway, Camden, Cole, Moniteau, Morgan, Osage

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services

Callaway (Full Services)
Camden (Full Services)
Cole (Full Services)

Cole (Full Services)

Moniteau (Full Services)
Morgan (Full Services)

Osage (Full Services)

Living Independently for Everyone

Counties Served: Madison, St. Francois, Ste. Genevieve

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services

Madison (Full Services)
St. Francois (Full Services)
Ste. Genevieve (Full Services)

Midland Empire Resources for Independent Living

Counties Served: Andrew, Atchison, Buchanan, Clinton, DeKalb, Gentry, Holt, Nodaway

All Sources of Funding: Title VII Chapter 1, Part B

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.

State Funds

Oversight Process: See above

Oversight Entity: DSE SPIL Signatory: Yes County Services

Andrew (Limited Services)
Atchison (Limited Services)
Buchanan (Limited Services)
Clinton (Limited Services)
DeKalb (Limited Services)

Gentry (Limited Services)

Holt (Limited Services)

Nodaway (Limited Services)

North East Independent Living Services

Counties Served: Clark, Lewis, Marion, Monroe, Pike, Ralls

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services Clark (Full Services)

Lewis (Full Services)
Marion (Full Services)

Monroe (Full Services)

Pike (Full Services)

Ralls (Full Services)

On My Own, Inc.

Counties Served: Bates, Cedar, Hickory, St. Clair, Vernon

All Sources of Funding:

State Funds

 $Oversight\ Process:\ DSE\ determines\ oversight\ process,\ which\ involves\ the\ CIL\ submitting\ Program$ 

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services Bates (Full Services) Cedar (Full Services) Hickory (Full Services)

St. Clair (Full Services)

Vernon (Full Services)

Ozark Independent Living

Counties Served: Douglas, Howell, Oregon, Ozark, Shannon, Texas, Wright

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes **County Services** 

Douglas (Full Services) Howell (Full Services) Oregon (Full Services) Ozark (Full Services)

Shannon (Full Services)

Texas (Full Services)

Wright (Full Services)

Paraguad, Inc.

Counties Served: St. Louis, St. Louis City

All Sources of Funding: Title VII Chapter 1, Part C

Oversight Process: CIL submits CIL PPR to ACL/OILP and DSE

State Funds

Oversight Process: See above

Oversight Entity: DSE and ACL/OILP

SPIL Signatory: Yes **County Services** 

St. Louis (Full Services)

St. Louis City (Full Services)

Rural Advocates for Independent Living

Counties Served: Adair, Chariton, Knox, Linn, Macon, Putnam, Schuyler, Scotland, Shelby, Sullivan

All Sources of Funding: Title VII Chapter 1, Part B

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

State Funds

Oversight Process: See above

Oversight Entity: DSE SPIL Signatory: Yes **County Services** Adair (Full Services)

Chariton (Full Services)

Knox (Full Services)

Linn (Full Services)

Macon (Full Services)

Putnam (Full Services)

Schuyler (Full Services)

Scotland (Full Services)

Shelby (Full Services)

Sullivan (Full Services)

SEMO Alliance for Independent Living, Inc.

Counties Served: Bollinger, Cape Girardeau, Mississippi, Perry, Scott

All Sources of Funding: Title VII Chapter 1, Part B

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

State Funds

Oversight Process: See above

Oversight Entity: DSE SPIL Signatory: Yes County Services

Bollinger (Full Services)

Cape Girardeau (Full Services)

Mississippi (Full Services)

Perry (Full Services)

Scott (Full Services)

The Independent Living Center

Counties Served: Barry, Barton, Dade, Jasper, McDonald, Newton

All Sources of Funding: Title VII Chapter 1, Part B

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

State Funds

Oversight Process: See above

Oversight Entity: DSE SPIL Signatory: Yes County Services Barry (Full Services) Barton (Full Services)

Dade (Full Services)

Jasper (Full Services)

McDonald (Full Services)

Newton (Full Services)

The Whole Person

Counties Served: Cass, Clay, Jackson, Platte

All Sources of Funding: Title VII Chapter 1, Part C

Oversight Process: CIL submits CIL PPR to ACL/OILP and DSE

State Funds

Oversight Process: See above

Oversight Entity: DSE and ACL/OILP

SPIL Signatory: Yes County Services Cass (Full Services) Clay (Full Services) Jackson (Full Services)

Platte (Full Services)

Tri-County Center for Independent Living Counties Served: Laclede, Phelps, Pulaski

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services

Laclede (Full Services) Phelps (Full Services) Pulaski (Full Services)

West-Central Independent Living Solutions

Counties Served: Benton, Henry, Johnson, Lafayette, Pettis, Saline

All Sources of Funding:

State Funds

Oversight Process: DSE determines oversight process, which involves the CIL submitting Program

Performance Report (PPR) to DSE.

Oversight Entity: DSE SPIL Signatory: Yes County Services Benton (Full Services) Henry (Full Services) Johnson (Full Services) Lafayette (Full Services) Pettis (Full Services) Saline (Full Services)

#### 3.1 - EXISTING CENTERS

#### CIL Network

Explain the criteria for defining the CIL network, bearing in mind that those CILs included in the network should be those eligible to sign the SPIL.

All signatories to the SPIL are eligible to sign the SPIL and provide all five core services in their respective service areas. Each CIL is reviewed by the DSE according to standards set by ACL. Each CIL also applies for IL funding from the state each year and must show progress in meeting goals listed in the SPIL and sound business practices, along with financial stability.

#### 3.2 - EXPANSION AND ADJUSTMENT OF NETWORK

Plan and priorities for use of funds, by funding source, including Part B funds, Part C funds, State funds, and other funds, whether current, increased, or one-time funding, and methodology for distribution of funds. Use of funds to build capacity of existing Centers, establish new Centers, and/or increase the statewide reach of the Network. (Follow the instructions in Title VII, Part C of the Rehabilitation Act of 1973, as amended.)

Definition of served, unserved, and underserved.

There are twenty-two CILs receiving state funding (four of which are Part C and five Part B CILs, and eighteen state-funded only CILs). The Missouri CILs are funded so that each CIL receives an equal amount regardless if they receive all state funds or a mixture of state and federal funds. The process for redistribution of funds if funds are cut/reduced would be adjusting so that the reduction is equal across the 22 centers.

All Missouri counties are served by a CIL. Missouri has no geographically unserved areas. An

increase in funding would be distributed so that the 22 centers continue to receive equal amounts of funding until all CILs are receiving at least \$570,000 in funding for IL Services.

Minimum funding level for a Center and formula/plan for distribution of funds to ensure that each Center receives at least the minimum.

The DSE, CILs and SILC prioritized the underserved areas in Missouri as listed below. The minimum annual funding level for establishing a new center should be \$570,000. This amount would be used for salaries and overhead in providing services in the underserved area. Should additional funding become available (beyond the required cost-of-living increase) but less than \$570,000 it would be distributed to the current CILs in Missouri proportional to the regular award amounts from ACL (federal) and/or state general revenue.

Priorities for establishment of new CIL(s).

If funding becomes available, it would be applied to the areas in the order listed to address underserved populations:

Priority 1: Catchment area: Greene, Christian, Dallas, Lawrence, Polk, Stone, Taney, Webster Counties

Priority 2: Catchment area: Bollinger, Cape Girardeau, Mississippi, Perry, Scott Counties Priority 3: Catchment area: Adair, Chariton, Knox, Linn, Macon, Putnam, Schuyler, Scotland, Shelby, Sullivan Counties

Priority 4: Catchment area: Andrew, Atchison, Buchanan, Clinton, DeKalb, Gentry, Holt, Nodaway, Worth Counties

Priority 5: Catchment area: Jasper, Newton, McDonald, Barry, Barton, Dade Counties.

Action/process for distribution of funds relinquished or removed from a Center and/or if a Center closes.

The process for distribution of funds if a Part C CIL relinquished its award or closed for some reason, would entail the SILC contacting ACL and requesting that a competition be conducted for the closed CIL in the same service area. The process for distribution of funds if one of the five Part B CILS and state-funded only CILs relinquished their funding or closed for some reason, would entail the SILC contacting the DSE and requesting that a competition be conducted for the closed CIL in the same service area. In the time where there is no center to serve consumers in the service area of the closed CIL, the CILs bordering the closed center would coordinate to provide services.

Plan to build capacity of existing CILs and/or expand statewide reach by establishing branch offices and/or satellites of existing CILs.

Plan/formula for distribution of new funds (Part B, Part C, one-time funds, etc.)

Funds are currently distributed in parity to all CILs, so any increase in available funds of any origin would be distributed in the same manner.

Plan/formula for adjusting distribution of funds when cut/reduced.

As stated above, funds are currently distributed in parity, so any decrease in available funds of any origin would be adjusted in the same manner.

Plan for changes to Center service areas and/or funding levels to accommodate expansion and/or adjustment of the Network. State the needed change(s) as concretely and succinctly as possible.

None at this time.

Temporary Changes (if applicable) Other (if applicable)

None at this time.

Review Status: Approved

### Section 4: Designated State Entity

#### 4.0 - DESIGNATED STATE ENTITY

Division of Vocational Rehabilitation will serve as the entity in Missouri designated to receive, administer, and account for funds made available to the state under Title VII, Chapter 1, Part B of the Act on behalf of the State.

#### 4.1 - DSE RESPONSIBILITIES

- receive, account for, and disburse funds received by the State under this chapter based on the plan;
- provide administrative support services for a program under Part B, and a program under Part C in a case in which the program is administered by the State under section 723;
- keep such records and afford such access to such records as the Administrator finds to be necessary with respect to the programs;
- submit such additional information or provide such assurances as the Administrator may require with respect to the programs; and
- retain not more than 5 percent of the funds received by the State for any fiscal year under Part B for the performance of the services outlined in paragraphs (1) through (4).

#### 4.2 - ADMINISTRATION AND STAFFING: DSE ASSURANCES

Administrative and staffing support provided by the DSE.

MVR administers Part B and State funding, listed in the resource page of this document as grants for the general operation of twenty-two CILs. In order to be eligible for a CIL grant, the organization must be consumer-controlled, community-based, cross-disability, nonresidential nonprofit program that is designed and operated within a local community by individuals with disabilities and provide an array of independent living services. RSB's IL funds are used to directly provide independent living services to individuals who are blind and visually-impaired through RSB staff. RSB does not provide any IL services through grants or contractual arrangements.

MVR distributes Grant applications seeking planning to meet the standards in Section 725(b) of the Act and the state standards listed in RSMO 178.654 annually, prior to upcoming year of service. MVR receives Grant applications from all 22 CILs annually by May 1 for review.

MVR does review each grant application for information that shows (1) evidence of demonstrated success in satisfying, or a clearly defined plan to satisfy, the standards in Section 725(b) of the Act and the state standards listed in RSMO 178.654 and (2) convincing evidence of demonstrated success in satisfying, or a clearly defined plan to satisfy, the assurances in Section 725(c) of the Act. MVR conducts monitoring activities to evaluate performance and compliance of grantees, to include structured on site visits and quarterly reports to determine if additional assistance may be needed.

#### 4.3 - STATE-IMPOSED REQUIREMENTS

State-imposed requirements contained in the provisions of this SPIL including:

- State law, regulation, rule, or policy relating to the DSE's administration, funding, or operation of IL programs and/or establishment, funding, and operations of the SILC
- Rule or policy implementing any Federal law, regulation, or guideline that is beyond what would be required to comply with 45 CFR 1329
- That limits, expands, or alters requirements for the SPIL

State-imposed requirements contained in the provisions of this SPIL including: (45 CFR 1329.17(g))

- \* State law, regulation, rule, or policy relating to the DSE's administration or operation of IL programs
- \* Rule or policy implementing any Federal law, regulation, or guideline that is beyond what would be required to comply with 45 CFR 1329
- \* That limits, expands, or alters requirements for the SPIL

There are no state imposed requirements on IL.

#### 4.4 - GRANT PROCESS & DISTRIBUTION OF FUNDS

Grant processes, policies, and procedures to be followed by the DSE in the awarding of grants of Part B funds.

Instructions: Describe the processes, policies, and procedures to be followed by the DSE in the awarding of grants of Part B funds including: (all of the following are required)
Process for soliciting proposals

The DSE will provide technical assistance to the SILC and the twenty-two CILs. No more than 5% of Part B appropriation will be used on administrative costs. There will be no conflict of interest because no DSE employees will serve as staff to the SILC and no SILC staff will serve as employees of the DSE.

The SILC's administration duties will be carried out by SILC Board Members and SILC Staff as appropriate.

Development of format for proposals

Process for reviewing proposals and who reviewers will be

Process for evaluating performance and compliance of grantees

#### 4.5 - OVERSIGHT PROCESS FOR PART B FUNDS

The oversight process to be followed by the DSE.

The oversight process to be followed by the DSE.

Missouri Vocational Rehabilitation (MVR) monitors monthly financial reports as well as quarterly and annual individual program performance reports submitted by all CILs receiving funding through MVR. Additionally, MVR also requires submission of independent auditor's reports by MOSILC and all CILs annually.

#### 4.6 - 722 VS. 723 STATE

722 State

Review Status: Approved

# Section 5: Statewide Independent Living Council (SILC)

#### 5.1 - ESTABLISHMENT OF SILC

How the SILC is established and SILC autonomy is assured.

The Missouri Statewide Independent Living Council, Inc. (MOSILC) was established in 1994 and then incorporated in March 2005 as a 501 (c)(3) entity. Its operations were housed within MO VR and utilized staffing from the DSE until 2017. In 2017, to comply with the changes made with the passage of WIOA, MOSILC separated from MOVR and MO RSB by signing a services contract with MO VR as MOSILCs designated state entity. The contract was approved during the May 2017 SILC Meeting. This contract includes assurances that both the DSE and MOSILC agree to establish and maintain independence and autonomy. At that time, the physical operations of the SILC moved outside of MO VR. MOSILC and the DSE review and renews this contract annually. The board of directors hired an executive director at that time to assist with the day-to-day requirements of compliance with the Statewide Plan for Independent Living and with the requirements of WIOA. If at any time the SILC staff position is vacant, the board may designate assignment of the required duties to governing board members. The MOSILC executive committee has the sole responsibility for the hiring, training, discipline and termination of paid staff, up to and including the executive director. The executive and finance committees of MOSILC are responsible for planning, implementing, and managing MOSILC's budget, planning and executing priorities and activities of MOSILC and MOSILC's staff.

#### 5.2 - SILC RESOURCE PLAN

Resources (including necessary and sufficient funding, staff/administrative support, and in-kind), by funding source and amount, for SILC to fulfill all duties and authorities.

Funding sources may include "Innovation and Expansion (I&E) funds authorized by 29 U.S.C. 721(a)(18); Independent Living Part B funds; State matching funds; [state allotments of Vocational Rehabilitation funding;] other public funds (such as Social Security reimbursement funds); and private sources."

Resources (including necessary and sufficient funding, staff, and other contracted services), by funding source and amount, for SILC to fulfill all duties and authorities.

The MOSILC resource plan includes:

\$73,775 OALRS + \$36,153 Innovation and Expansion Funds for FFY 2025

\$73,775 OALRS + \$36,153 Innovation and Expansion Funds for FFY 2026

\$73,775 OALRS + \$36,153 Innovation and Expansion Funds for FFY 2027

The Missouri Statewide Independent Living Council, Inc. (MOSILC) was established as a not-for-profit corporation to coordinate the functions related to the planning, monitoring, and evaluation of the State Plan for Independent Living (SPIL) and other authorities as described in Section 705 of the Rehabilitation Act of 1973, as amended. The MOSILC will maintain staff commensurate with the efforts necessary to carry out the work of the Council.

The resource plan outlined above identifies the federal and state funds provided by the DSE for the operation and management of the MOSILC in accordance with its federally designated duties and authorities.

The Resource Plan supports management and operation of the MOSILC, including but not limited to, staff, maintaining not for profit 501(c)3 status, contractual services necessary to meet the designated duties and authorities of a SILC, council training and development, and travel costs and

reasonable accommodations for members and staff. The MOSILC is autonomous and responsible for managing its budget.

Process used to develop the Resource Plan.

In accordance with the Rehabilitation Act of 1973 as Amended by WIOA of 2015, MOSILC and the DSE adhere to: SEC. 713. AUTHORIZED USES OF FUNDS.

• IN GENERAL.--The State may use funds received under this part to provide the resources described in section 705(e) (but may not use more than 30 percent of the funds paid to the State under section 712 for such resources unless the State specifies that a greater percentage of the funds is needed for such resources in a State plan approved under section 706), relating to the Statewide Independent Living Council, may retain funds under section 704(c)(5), and shall distribute the remainder of the funds received under this part in a manner consistent with the approved State plan for the activities described in subsection (b).

Process for disbursement of funds to facilitate effective operations of SILC.

As an independent and autonomous organization, MOSILC is responsible for management of its budget and any expenditures. As a grantee with the DSE, the MOSILC agrees, as follows, to be responsible for establishing and maintaining adequate procedures and internal financial controls governing the management and utilization of funds provided hereunder which will be in the form pursuant to generally accepted accounting procedures.

In addition, the MOSILC has in place fiscal policies and procedures which address internal controls, safe-guarding assets, expenditures, cash receipts, cash disbursements, bank statement reconciliation, compliance with all federal and state laws and regulations, and the annual budget process. MOSILC invoices VR for operating funds by the 10th of each month to ensure operations continue uninterrupted.

In the annual budget process, the MOSILC executive committee, along with the MOSILC Staff, develops a budget, based on existing net assets and anticipated assets under current agreements. This proposed budget is then voted on by the Executive Committee. After approval from the executive committee, the budget is presented to the full Governing Council for approval by vote. Budget revisions, both increases and decreases, are made, as needed, during the fiscal year through the same process.

The resource plan will support the Councils activities, including personnel, operations, and the following designated duties and authorities:

- (1) Duties. The Council shall:
- (A) develop the State plan as provided in section 704(a)(2);
- (B) monitor, review, and evaluate the implementation of the State plan;
- (C) meet regularly, and ensure that such meetings of the Council are open to the public and sufficient advance notice of such meetings is provided;
- (D) submit to the Administrator such periodic reports as the Administrator may reasonably request, and keep such records, and afford such access to such records, as the Administrator finds necessary to verify the information in such reports; and
- (E) as appropriate, coordinate activities with other entities in the State that provide services like or complimentary to independent living services, such as entities that facilitate the provision of or provide long-term community-based services and supports.
- (2) Authorities. The Council may, consistent with the State plan described in section 704, unless prohibited by State law -
- (A) in order to improve services provided to individuals with disabilities, work with Centers for Independent Living to coordinate services with public and private entities; MOSILC leadership, in collaboration with all Missouri CILs and other entities whose standard operating practices actively support the IL philosophy, will provide education and awareness to public officials and public employees regarding the needs, priorities and emerging issues of CILs and Missourians with disabilities who need and use their services. This education and awareness can be achieved via public forums, electronic information sharing, and direct presentations at the local and state level.

(B) conduct resource development activities to support the activities described in this subsection or to collaborate and support the provision of Independent Living services by Centers for Independent Living; MOSILC will create a specific committee, subcommittee, or workgroup to who will address the identification of potential new and varied revenue and funding sources for the MOSILC. These new sources may be achieved through grants, partnerships, or other fund development measures. (C) perform such other functions, consistent with the purpose of this chapter and comparable to other functions described in this subsection, as the Council determines to be appropriate.

(3) Limitation. - The Council shall not provide independent living services directly to individuals with significant disabilities or manage such services or programs.

Process used to develop the Resource Plan.

Process for disbursement of funds to facilitate effective operations of SILC.

Justification if more than 30% of the Part B appropriation is to be used for the SILC Resource Plan.

#### 5.3 - MAINTENANCE OF SILC

How State will maintain the SILC over the course of the SPIL.

Instructions: Describe the process used by the State to appoint members to the SILC who meet the composition requirements in section 705(b). Indicate who appoints members to the SILC, how the State ensures that the SILC composition and qualification requirements are met, how the chair is selected, how term limits are maintained, and how SILC vacancies are filled. Describe how the specific SILC-staffing requirements listed in the SPIL Instrument will be addressed. Concisely describe or cite relevant written policies, procedures, by-laws, technical assistance, and monitoring activities, or other practices.

Describe how the State will ensure that: (all of the following are required) The SILC is established and operating

All residents of Missouri over 18 are eligible to apply for appointment to the MOSILC Governing Council of Directors. Application for membership is available on the MOSILC website, as well as the Missouri Boards and Commissions website. Assistance to apply will be provided upon request. MOSILC communicates with the Missouri Boards and Commissions Division of the Governor's office to request gubernatorial appointments to the MOSILC Governing Council. Appointments include ex officio members of the DSE and partner organizations including Rehabilitation Services for the Blind and MO Protection & Advocacy.

The MOSILC executive committee is responsible for hiring, supervising, evaluating and dismissing the executive director. The SILC staff are considered employees of MOSILC. The SILC executive committee is responsible for hiring, supervising, evaluating, and dismissal of executive director. The MOSILC executive committee is responsible for designating supervisory responsibilities to the executive director. The current MOSILC policy manual outlines performance evaluations and allows the SILC staff to request an evaluation at any time by the executive team or designated supervisor. As stated in section 5.1 of this document, the MOSILC was established as an independent entity in 2017. In 2017, to comply with the changes made with the passage of WIOA, MOSILC separated from MOVR and MO RSB by signing a services contract with MO VR as MOSILCs designated state entity. This contract includes assurances that both the DSE and MOSILC agree to establish and maintain independence and autonomy. MOSILC and the DSE reviews and renews this contract annually. The council hired an executive director to assist with the day-to-day requirements of compliance with the Statewide Plan for Independent Living and with the requirements of WIOA. The MOSILC executive committee has the sole responsibility for the hiring, training, discipline and termination of the executive director. The executive and finance committees of MOSILC are responsible for planning,

implementing, and managing MOSILC's budget, planning and executing priorities and activities of MOSILC and MOSILC's staff.

Appointments are made in a timely manner to keep the SILC in compliance with the Act

The SILC is organized in a way to ensure it is not part of any state agency

The SILC has the autonomy necessary to fulfill its duties and authorities, including "[working] with CILs to coordinate services with public and private entities, . . . conducting resource development, and performing such other functions . . . as the [SILC] determines to be appropriate

Necessary and sufficient resources are provided for the SILC Resource Plan to ensure the SILC has the capacity to fulfill its statutory duties and authorities

Review Status: Approved

### Section 6: Legal Basis & Certifications

#### 6.1 - DESIGNATED STATE ENTITY

The state entity/agency designated to receive and distribute funding, as directed by the SPIL, under Title VII, Part B of the Act is Division of Vocational Rehabilitation.

Authorized representative of the DSE Lisa Meisenheimer. Title: Independent Living Director.

#### 6.2 - STATEWIDE INDEPENDENT LIVING COUNCIL (SILC)

The Statewide Independent Living Council (SILC) that meets the requirements of section 705 of the Act and is authorized to perform the functions outlined in section 705(c) of the Act in the State is Missouri Statewide Independent Living Council.

#### 6.3 - CENTERS FOR INDEPENDENT LIVING (CILS)

The Centers for Independent Living (CILs) eligible to sign the SPIL, a minimum of 51% whom must sign prior to submission, are:

Access II Independent Living Center

Bootheel Area Independent Living Services

Delta Center for Independent Living

**Disability Resource Association** 

Disabled Citizens Alliance for Independence

**Empower Abilities** 

Heartland Independent Living Center

Independent Living Center of Mid-Missouri, Inc. aka Services for Independent Living

Independent Living Center of Southeast Missouri

**Independent Living Resource Center** 

Living Independently for Everyone

Midland Empire Resources for Independent Living

North East Independent Living Services

On My Own, Inc.

Ozark Independent Living

Paraquad, Inc.

Rural Advocates for Independent Living

SEMO Alliance for Independent Living, Inc.

The Independent Living Center
The Whole Person
Tri-County Center for Independent Living
West-Central Independent Living Solutions

#### 6.4.A

The SILC is authorized to submit the SPIL to the Independent Living Administration, Administration for Community Living.

Yes

#### 6.4.B

The SILC and CILs may legally carryout each provision of the SPIL.

Yes

#### 6.4.C

State/DSE operation and administration of the program is authorized by the SPIL.

Yes

Review Status: Approved

#### Section 7: DSE Assurances

#### **DSE ASSURANCES**

Lisa Meisenheimer acting on behalf of the DSE Division of Vocational Rehabilitation located at:

Street: 205 Jefferson St City: Jefferson City

State: MO

Zip Code: 65101

#### 7.1

The DSE acknowledges its role on behalf of the State, as the fiscal intermediary to receive, account for, and disburse funds received by the State to support Independent Living Services in the State based on the plan;

#### 7.2

The DSE will assure that the agency keeps appropriate records, in accordance with federal and state law, and provides access to records by the federal funding agency upon request;

#### 7.3

The DSE will not retain more than 5 percent of the funds received by the State for any fiscal year under Part B for administrative expenses;

#### 7.4

The DSE assures that the SILC is established as an autonomous entity within the State as required in 45 CFR 1329.14;

#### 7.5

The DSE will not interfere with the business or operations of the SILC that include but are not limited to:

- 1. Expenditure of federal funds
- 2. Meeting schedules and agendas
- 3. SILC board business
- 4. Voting actions of the SILC board
- 5. Personnel actions
- 6. Allowable travel
- 7. Trainings

#### 7.6

The DSE will abide by SILC determination of whether the SILC wants to utilize DSE staff:

1. If the SILC informs the DSE that the SILC wants to utilize DSE staff, the DSE assures that management of such staff with regard to activities and functions performed for the SILC is the sole responsibility of the SILC in accordance with Sec. 705(e)(3) of the Act (Sec. 705(e)(3), 29 U.S.C.796d(e)(3)).

#### 7.7

The DSE will fully cooperate with the SILC in the nomination and appointment process for the SILC in the State;

#### 7.8

The DSE shall make timely and prompt payments to Part B funded SILCs and CILs:

- 1. When the reimbursement method is used, the DSE must make a payment within 30 calendar days after receipt of the billing, unless the agency or pass-through entity reasonably believes the request to be improper;
- 2. When necessary, the DSE will advance payments to Part B funded SILCs and CILs to cover its estimated disbursement needs for an initial period generally geared to the mutually agreed upon disbursing cycle; and
- 3. The DSE will accept requests for advance payments and reimbursements at least monthly when electronic fund transfers are not used, and as often as necessary when electronic fund transfers are used, in accordance with the provisions of the Electronic Fund Transfer Act (15 U.S.C. 1693-1693r).

#### DSE SIGNATURE SECTION

Lisa Meisenheimer

Name of DSE Director/Authorized Representative Director Independent Living

Title of DSE Director/Authorized Representative

Lisa J Meisenheimer

Electronic Signature

06/24/2024

Date

I understand that this constitutes a legal signature

Review Status: Approved

# Section 8: Statewide Independent Living Council (SILC) Assurances and Indicators of Minimum Compliance

#### 8.1 - SILC ASSURANCES

Stephanie Cooper acting on behalf of the SILC Missouri Statewide Independent Living Council located at:

Street: 7014 NW 77th St

City: Kansas City State: Missouri Zip Code: 64152

45 CFR 1329.14 assures that:

- 1. The SILC regularly (not less than annually) provides the appointing authority recommendations for eligible appointments;
- 2. The SILC is composed of the requisite members set forth in the Act;
- 3. The SILC terms of appointment adhere to the Act;
- 4. The SILC is not established as an entity within a State agency in accordance with 45 CFR Sec. 1329.14(b);
- 5. The SILC will make the determination of whether it wants to utilize DSE staff to carry out the functions of the SILC;
- The SILC must inform the DSE if it chooses to utilize DSE staff;
- The SILC assumes management and responsibility of such staff with regard to activities and functions performed for the SILC in accordance with the Act.
- 6. The SILC shall ensure all program activities are accessible to people with disabilities;
- 7. The State Plan shall provide assurances that the designated State entity, any other agency, office, or entity of the State will not interfere with operations of the SILC, except as provided by law and regulation and;
- 8. The SILC actively consults with unserved and underserved populations in urban and rural areas that include, indigenous populations as appropriate for State Plan development as described in Sec. 713(b)(7) the Act regarding Authorized Uses of Funds.

#### 8.2 - INDICATORS OF MINIMUM COMPLIANCE

Indicators of minimum compliance for Statewide Independent Living Councils (SILC) as required by the Rehabilitation Act (Section 706(b), 29 U.S.C. Sec 796d-1(b)), as amended and supported by 45 CFR 1329.14-1329.16; and Assurances for Designated State Entities (DSE) as permitted by Section 704(c)(4) of the Rehabilitation Act (29 U.S.C. Sec. 796c(c)(4)), as amended.

- (a) STATEWIDE INDEPENDENT LIVING COUNCIL INDICATORS -
  - 1. SILC written policies and procedures must include:
    - a. A method for recruiting members, reviewing applications, and regularly providing recommendations for eligible appointments to the appointing authority;
    - b. A method for identifying and resolving actual or potential disputes and conflicts of interest that are in compliance with State and federal law;
    - c. A process to hold public meetings and meet regularly as prescribed in 45 CFR 1329.15(a)(3);
    - d. A process and timelines for advance notice to the public of SILC meetings in compliance with State and federal law and 45 CFR 1329.15(a)(3);
    - e. A process and timelines for advance notice to the public of SILC meetings in compliance with State and federal law and 45 CFR 1329.15(a)(3);

- i. "Executive Session" meetings should be rare and only take place to discuss confidential SILC issues such as but not limited to staffing.
- ii. Agendas for "Executive Session" meetings must be made available to the public, although personal identifiable information regarding SILC staff shall not be included;
- f. A process and timelines for the public to request reasonable accommodations to participate during a public Council meeting;
- g. A method for developing, seeking and incorporating public input into, monitoring, reviewing and evaluating implementation of the State Plan as required in 45 CFR 1329.17; and
- h. A process to verify centers for independent living are eligible to sign the State Plan in compliance with 45 CFR 1329.17(d)(2)(iii).
- 2. The SILC maintains regular communication with the appointing authority to ensure efficiency and timeliness of the appointment process.
- 3. The SILC maintains individual training plans for members that adhere to the SILC Training and Technical Assistance Center's SILC training curriculum.
- 4. The SILC receives public input into the development of the State Plan for Independent Living in accordance with 45 CFR 1329.17(f) ensuring:
  - a. Adequate documentation of the State Plan development process, including but not limited to, a written process setting forth how input will be gathered from the state's centers for independent living and individuals with disabilities throughout the state, and the process for how the information collected is considered.
  - b. All meetings regarding State Plan development and review are open to the public and provides advance notice of such meetings in accordance with existing State and federal laws and 45 CFR 1329.17(f)(2)(i)-(ii);
  - c. Meetings seeking public input regarding the State Plan provides advance notice of such meetings in accordance with existing State and federal laws, and 45 CFR 1329.17(f)(2)(i);
  - d. Public meeting locations, where public input is being taken, are accessible to all people with disabilities, including, but not limited to:
    - i. proximity to public transportation,
    - ii. physical accessibility, and
    - iii. effective communication and accommodations that include auxiliary aids and services, necessary to make the meeting accessible to all people with disabilities.
  - e. Materials available electronically must be 508 compliant and, upon request, available in alternative and accessible format including other commonly spoken languages.
- 5. The SILC monitors, reviews and evaluates the State Plan in accordance with 45 CFR 1329.15(a)(2) ensuring:
  - a. Timely identification of revisions needed due to any material change in State law, state organization, policy or agency operations that affect the administration of the State Plan approved by the Administration for Community Living.
- 6. The SILC State Plan resource plan includes:
  - a. Sufficient funds received from:
    - i. Title VII, Part B funds;
    - ii. If the resource plan includes Title VII, Part B funds, the State Plan provides justification of the percentage of Part B funds to be used if the percentage exceeds 30 percent of Title VII, Part B funds received by the State;
    - iii. Funds for innovation and expansion activities under Sec. 101(a)(18) of the Act, 29 U.S.C. Sec. 721(a)(18), as applicable;
    - iv. Other public and private sources.
  - b. The funds needed to support:
    - i. Staff/personnel;
    - ii. Operating expenses;
    - iii. Council compensation and expenses;

- iv. Meeting expenses including meeting space, alternate formats, interpreters, and other accommodations:
- v. Resources to attend and/or secure training and conferences for staff and council members and:
- vi. Other costs as appropriate.

#### SILC SIGNATURE SECTION

The signature below indicates the SILC's agreement to comply with the aforementioned assurances and indicators:

Stephanie Cooper

Name of SILC Chair

Stephanie Cooper

Electronic Signature

06/21/2024

Date

I understand that this constitutes a legal signature

Review Status: Approved

### Section 9: Signatures

#### **SIGNATURES**

The signatures below are of the SILC chairperson and at least 51 percent of the directors of the centers for independent living listed in section 6.3. These signatures indicate that the Missouri Statewide Independent Living Council and the centers for independent living in the state agree with and intend to fully implement this SPIL's content. These signatures also indicate that this SPIL is complete and ready for submission to the Independent Living Administration, Administration for Community Living, U.S. Department of Health and Human Services. The effective date of this SPIL is 10/01/2024

#### SILC SIGNATURE SECTION

Stephanie Cooper

Name of SILC Chair

Stephanie Cooper

Electronic Signature

06/11/2024

Date

I understand that this constitutes a legal signature

#### CIL SIGNATURE SECTION

Disabled Citizens Alliance for Independence

Name of Center for Independent Living

Dennis Atkins

Name of CIL Director

Disabled Citizens Alliance for Independence

Electronic Signature

06/12/2024

Date

Paraguad, Inc.

Name of Center for Independent Living

Aimee Wehmeier

Name of CIL Director

Aimee Wehmeier

Electronic Signature

06/11/2024

Date

Independent Living Center of Mid-Missouri, Inc.

Name of Center for Independent Living

Patrick Lee

Name of CIL Director

Patrick Lee

Electronic Signature

06/13/2024

Date

The Whole Person

Name of Center for Independent Living

Deewayne Hord

Name of CIL Director

Deewayne Hord

Electronic Signature

06/11/2024

Date

Access II Independent Living Center

Name of Center for Independent Living

Heather Swymeler

Name of CIL Director

Heather Swymeler

Electronic Signature

06/10/2024

Date

Bootheel Area Independent Living Services

Name of Center for Independent Living

Tim Shaw

Name of CIL Director

Electronic Signature

Date

Delta Center for Independent Living

Name of Center for Independent Living

Jim Ruedin

Name of CIL Director

Iim Ruedin

Electronic Signature

06/11/2024

Date

Disability Resource Association

Name of Center for Independent Living

Suzan Weller

Name of CIL Director

Electronic Signature

Date

**Empower Abilities** 

Name of Center for Independent Living

Shannon Porter

Name of CIL Director

Shannon Porter

Electronic Signature

06/21/2024

Date

Heartland Independent Living Center

Name of Center for Independent Living

Iessica Brendel

Name of CIL Director

**Electronic Signature** 

Date

Independent Living Center of Southeast Missouri

Name of Center for Independent Living

**Iennifer Brown** 

Name of CIL Director

Jennifer E Brown Executive Director

Electronic Signature

06/24/2024

Date

Independent Living Resource Center

Name of Center for Independent Living

Susan Roemer

Name of CIL Director

Susan E. Roemer

Electronic Signature

06/18/2024

Date

Living Independently for Everyone

Name of Center for Independent Living

Pauline Niehaus

Name of CIL Director

Pauline Niehaus

Electronic Signature

06/10/2024

Date

North East Independent Living Services

Name of Center for Independent Living

Kendrick, Brooke

Name of CIL Director

Brooke Kendrick

Electronic Signature

06/12/2024

Date

Ozark Independent Living

Name of Center for Independent Living

John Adamson

Name of CIL Director

Iohn Adamson

Electronic Signature

06/10/2024

Date

On My Own, Inc.

Name of Center for Independent Living

Jennifer Gundy

Name of CIL Director

Electronic Signature

Date

Rural Advocates for Independent Living

Name of Center for Independent Living

LaDonna Williams

Name of CIL Director

LaDonna C. Williams

Electronic Signature

06/10/2024

Date

SEMO Alliance for Independent Living, Inc.

Name of Center for Independent Living

Donna Thompson

Name of CIL Director

**Electronic Signature** 

Date

Tri-County Center for Independent Living

Name of Center for Independent Living

Tonya Lewis

Name of CIL Director

Tonya Lewis

**Electronic Signature** 

06/10/2024

Date

The Independent Living Center

Name of Center for Independent Living

Jeff Flowers

Name of CIL Director

leff Flowers

Electronic Signature

06/11/2024

Date

West-Central Independent Living Solutions

Name of Center for Independent Living

Deb Hobson

Name of CIL Director

Deb Hobson

Electronic Signature

06/17/2024

Date

Review Status: Approved